

[A] Introduction to rock climbing outdoors

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| Kursnummer: | 233019 |
| Ort: | Franken |
| Unterkunft: | Camping at Gute Einkehr, Morschreuth |
| Vorbesprechung: | 28.08.2023 (20:00 Uhr) Online |
| Kursbeginn: | 08.09.2023 (10:15 Uhr) Kursende: 10.09.2023 (16:00 Uhr) |
| Anz. d. E.-Termine: | 0 |
| Einzeltermine: | Practice: 04.09, 17-20pm, Course: 08.09., 10.15am to 10.09, 16pm |
| Preis: | 195 Euro (Junior: 180 Euro) |
| Zusätzl. Kosten: | FKo,Ü, V |
| Leistungen: | Organisation/Ausbildung |
| Inhalte: | <p>Rock climbing is a lot of fun and can be enjoyed safely with a bit of training. At this training you will add to your indoor climbing skills, the essential know-how for climbing outside. By the end you will have an overview on how to safely lead and belay sport routes outdoors.</p> <p>Online briefing: 28th August 2023, 20.00 - 21.00 Practical briefing (Berlin): 4th September 2023, 17.00 - 20.00 Language: English/German (in response to the group?s needs)</p> <p>Will be covered:</p> <ul style="list-style-type: none"> - Use of a climbing topo/guide - Threading and rappelling - Placing quickdraws and clipping - Spotting and belay safety - Reading the rocks - Building a topope - Environmental conviviality - Equipment <p>Will not be covered:</p> <ul style="list-style-type: none"> - basics of belaying or climbing - climbing technique - trad/alpine climbing or multi-pitch routes <p>Transport: Train+car rental (alternative: car pooling) Food: self-catering/restaurant</p> |
| Anforderungen: | <p>Requirements, you:</p> <ul style="list-style-type: none"> - can LEAD climb indoors confidently >= 5 UIAA - can belay safely - use assisted braking belay device (Smart, Grigri, Fish, Megajul, Ergo Belay, ATC-pilot,...) - bring fitting climbing shoes, harness, assisted braking belay device, helmet, ATC/tube, short prusik, 3 locking carabiners. |

DAV Sektion Berlin

Ausbildungsprogramm



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| Schw.-bew. Technik: | 0 | Schw.-bew. Kondition: | 0 |
| Sonstiges: | | | |
| TNzahl: | 5 bis 6 | | |
| alpenvereinaktiv.com: | http://www.gute-einkehr.de/*https://www.frankenjura.com/klettern | | |
| Ausbilder: | Daniel Ojeda de Vicente, Maren Koch, Email: daniel.ojeda-de-vicente@dav-berlin.de | | |
| Anmeldung: | Online bis 24.08.2023 | | |

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Öffnungszeiten und Telefonservice:

Montag 14.00 - 19.00 Uhr | Mittwoch 14.00 - 19.00 Uhr | Freitag 09.00 - 14.00 Uhr