

[A] Introduction to Trad climbing in East Harz (with public transport)

Kursnummer:	243010
Ort:	Harz, Schierker Area
Unterkunft:	Harz-Camping bei Schierke am Brocken
Vorbesprechung:	20.04.2024 (10.00 Uhr) Kletterturm Teufelsberg
Kursbeginn:	30.05.2024 (08:00 Uhr) Kursende: 02.06.2024 (20:00 Uhr)
Anz. d. E.-Termine:	0
Einzeltermine:	30.05., 8.00 Uhr bis 02.06.2024, 20.00 Uhr
Preis:	175 Euro (Junior: 155 Euro)
Zusätzl. Kosten:	Train ticket, accomodation, food Fahrkosten, Unterkunft, Verpflegung
Leistungen:	Organisation/Ausbildung
Inhalte:	<p>Traditional climbing is one of the most comprehensive and distilled disciplines of climbing. It is done by placing your own protection against a fall as you advance. In National Park Harz (Niedersachsen) a genuine climbing culture has been developed over the years, that celebrates the compact granite crags scattered over the landscape.</p> <p>Trad climbing requires training and experience to be done safely. At this training you will add to your outdoor climbing skills, the essential know-how for using trad climbing gear on granite. By the end you will be able to equip a climbing route with your own protection placements.</p> <p>Important notes:</p> <ul style="list-style-type: none"> a) the course days are up to 9 hours long (incl. Ascend, climbing, exercises, breaks and descent), adequate physical condition is required b) participants are expected to attend the training in Berlin c) transportation with public transport is intended for this course d) camping together is our preferred option (no individual reservation needed) <p>Training in Berlin: 20.04.24 10:00-14:00 Languages: English/German</p> <p>Will be covered</p> <ul style="list-style-type: none"> - Reading trad routes - Trad equipment: Placing nuts, cams and slings - Belaying a second - Environmental conviviality <p>Will not be covered</p> <ul style="list-style-type: none"> - basics of belaying or climbing outdoors, alpine or multi-pitch techniques <p>We start on Thu (30.05.) at 8 a.m. in Berlin and take the public transport back at Sun (02.06.) in the afternoon.</p>

	Food: self-catering/restaurant	
Anforderungen:	Attending the 4 hour meeting in Berlin on 20.04.24 at 10 is mandatory. - LEAD climb sport routes outdoors confidently \geq 5 UIAA - safely belay a first - safely abseil - you bring fitting climbing shoes, harness, helmet, assisted braking belay device, ATC/tube, short prusik, 3 locking carabiners (2 HMS carabiners), 10 quickdraws per 2 participants, sling for self-belay e.g. 120 cm sling, weatherproof cloth, sturdy shoes - optional: own trad gear - a personal nut tool is recommended	
Schw.-bew. Technik:	0	Schw.-bew. Kondition: 0
Sonstiges:	Anthropogenic activity is turbocharging changes in the Earth's climate. Because of the imbalance of the ecosystems, spruce plantation die-offs have become the dominant landscape in Harz. To reconcile our favourite outdoor activity with the climate targets, this course has been designed for a lower carbon footprint. The participants are invited to join the effort during this course (and beyond).	
TNzahl:	6 bis 8	
alpenvereinaktiv.com:		
Ausbilder:	Tassilo Waniek, Dorothea Fischer, Email: tassilo.waniek@dav-berlin.de	
Anmeldung:	Online bis 13.04.2024	

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Öffnungszeiten und Telefonservice:

Montag 14.00 - 19.00 Uhr | Mittwoch 14.00 - 19.00 Uhr | Freitag 09.00 - 14.00 Uhr